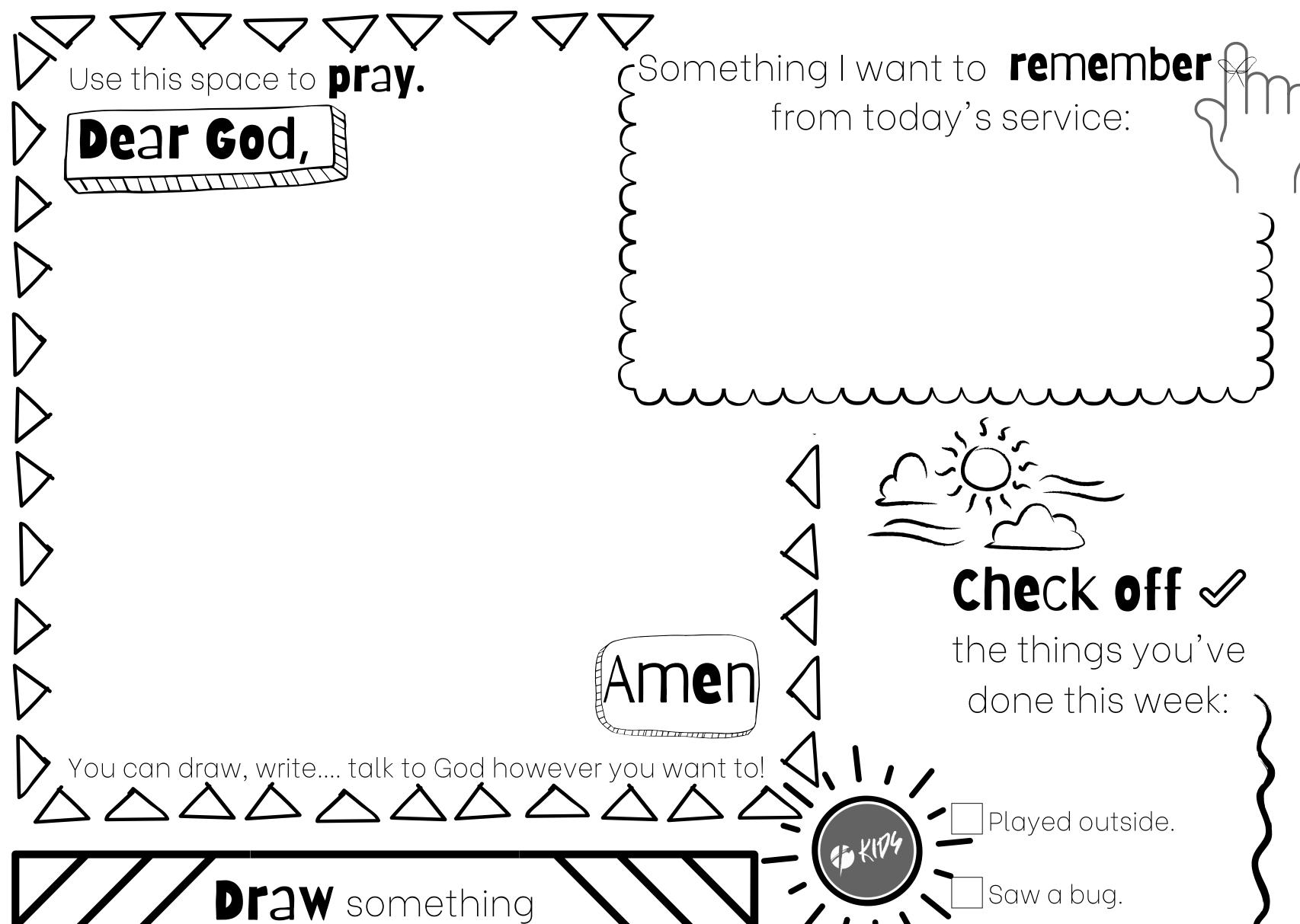


I'll send you stickers in the mail – yay fun mail!

Here's challenge number 3: choose someone outside of your family to bless together. Encourage that person with a random act of kindness, then email chandra@mylivinghope.ca to tell me about it!

Can't wait to hear what you do! ~Chandra



you thought about or saw during today's service

psst, you can colour this whole page!

\_\_Had a Zoom call.

] Talked with a friend.

Cleaned up toys.

Ate some fruit.

Rode in the car.

Played a game.

Took a nap.

Watched a movie.

Read a book.

Sang a song.

Tried something new.