

FEBRUARY 28, 2021

THIS PACKAGE INCLUDES:

- Custom sermon note pages for kids to enjoy during the service
- Colouring / Activity pages
- Devotionals with discussion guide and activities designed to create conversation around this week's Big Idea
- Memory verse cards

Everyday Rhythms

• B • L • E • S • S •

FAMILY MANAGEMENT DEVOTIONAL

Do you like jokes? Here are some funny ones for you:

- Why did the banana go to the doctor? Because it wasn't peeling well!
- Did you hear the joke about the peanut butter? I'm not telling you. You might spread it!
- What is black and white and green and bumpy? A pickle wearing a tuxedo!
- What do you call cheese that isn't yours? Nacho cheese!

Those are so funny! Now look at those jokes and figure out what they all have in common...

FOOD! We all love a good joke but we love food even more. People love food so much they even name their pets after some of their favourite foods like Oreo, Peanut, Taco, and Cookie. Food is important to every person on the planet because we all need to fuel our bodies every day.

In fact, food was even important to Jesus. Have you ever thought about that before? If you read the stories of Jesus carefully, you'll see that He often taught while He was at a meal. Jesus knew that when we sit down together at a table, we can take that time to free ourselves from distractions and to enjoy the company of the other people we are with.

And because every person needs to eat, whether they are young or old, rich or poor, happy or sad, we can use the time we spend eating together to bless people. How would we do that? Here are a few ideas:

- listening well to another person as they share a concern
- praying together for the meal and other requests
- sharing our thoughts about our faith, life, things happening in the world
- talking about what happened during our day
- asking questions like "How are you?", "What's happening in your life?", "What do you think?"
- laughing until we cry at something funny
- crying until we laugh about something that is hard
- (you fill in the blank)

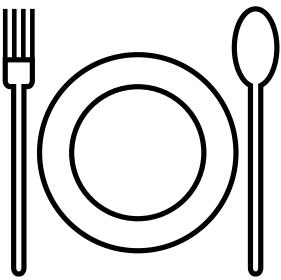
Jesus knew that sharing a meal with family and friends is one of our most meaningful ways to connect with each other. That's why He did it so often in the Bible. And it doesn't even have to be fancy. Sometimes, the best memories and deepest connections are made over peanut butter and jam sandwiches (or fish and loaves of bread if you are Jesus!). Next time people are gathered around your table at your home for a meal, take time to bless them and make memories together.





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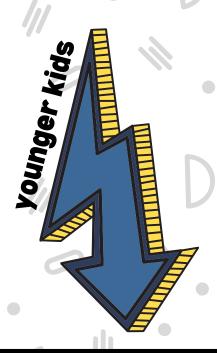
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Everyday Rythms

February 7 - March 21, 2021



"I will bless those
who bless you,
and whoever curses you
I will curse;
and all peoples on earth
will be blessed
through you."

Gen 12:3 NIV

Everyday Rhythms

• B • L • E • S • S •

Everyone will be blessed through you!

from Gen 12:3

Everyday Rhythms

• B • L • E • S • S •

